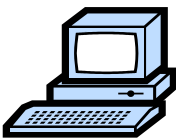








RI Local & National Resources for Diabetes & Children/Families


Diabetes Associations & Web Sites

Agency	Contact Info	Description
American Diabetes Association (ADA)	ATTN: National Call Center, 1701 North Beauregard Street, Alexandria, VA 22311 1-800-DIABETES (M-F 8:30am-8:00pm EST) E-mail: AskADA@diabetes.org Web: http://www.diabetes.org	Offers a wide variety of general information about the diagnosis of all types of diabetes, including juvenile diabetes.
Diabetes Association Inc.	P.O. Box 1525, Fall River, MA 02722 (508)672-5671, Fax: (508)672-4546 E-mail: daisema@earthlink.net Web: http://www.diabetesma.org/ 	Provides education, information, referral, motivation and support for people with diabetes and those who care for them.
School Nurse Site	Web: http://www.schoolnurse.com	Provides information on a multitude of topics, along with valuable links and information targeted especially for school nurses
Diabetes Foundation of Rhode Island	209 Cottage St. Pawtucket, RI 02860 (401)725-7800, Fax: (401)725-8833	Educates and supports individuals & families affected by diabetes.
Diabetes Prevention & Control Program (DPCP), RI Dept of Health	3 Capitol Hill, Room 408, Providence, RI 02908 (401)222-3442, Fax: (401)222-4415 Web: www.health.ri.gov/disease/diabetes/home.htm	General info on prevention and control of diabetes, including nutrition info, diabetes & children, tools & resources.
Joslin Diabetes Centers 	Joslin Clinic, 1 Joslin Place, Boston, MA 02215 (617)732-2400 Joslin Clinic Falmouth, MA (508)548-1944 Deaconess - Nashoba Valley Med. Center – Ayer, MA (978)784-9534 Deaconess – Glover – Needham, MA (781)453-5231	The Joslin Clinics treat patients with a broad range of endocrine and other related diseases.


Wellpoint	Web: http://www.wellpoint.com/commitments/healthy_parenting.asp 	This site offers a guide to parents who are trying to help their overweight children slim down. The guide provides strategies for engaging the entire family in healthful eating habits and regular physical activity.
National Institute of Diabetes & Digestive & Kidney Diseases (NIDDK)	Web: http://www.niddk.nih.gov/health/diabetes/diabetes.htm 	Offers a wide variety of general info and links with current publications on diabetes, with a focus on the kidneys.
National Diabetes Education Program	Web: http://www.ndep.nih.gov/diabetes/diabetes.htm 	Offers a wide variety of general info on prevention & control of diabetes, along with links to different diabetes organizations.
Center for Disease Control & Prevention's (CDC) Diabetic Program: Frequently Asked Q's	Web: http://www.cdc.gov/diabetes/faqs.htm 	Site contains questions and facts about the diagnosis of diabetes offered by the CDC
Juvenile Diabetes Research Foundation (RI Chapter)	2374 Post Road Suite 203, Warwick, RI 02886 (401)738-9898 Fax: (401)738-7162 E-mail: rhodeisland@jdrf.org Web: http://www.jdrf.org	The mission of this organization is to find a cure for diabetes and its complications through the support of research.
Children with Diabetes	Web: http://www.childrenwithdiabetes.com 	This site offers a list of concerns that are important to raising a child w/ diabetes. It offers parents advice & support.
Kids Learn About Diabetes	Web: http://www.KidsLearnAboutDiabetes.org	An informational web site in kids terms


Starbright Foundation	Web: www.starbright.org  *FREE CD-ROM game is offered for children with diabetes.	Foundation is dedicated to the development of projects that empower seriously ill children to combat the medical & emotional challenges.
MEDLINEplus: Juvenile Diabetes	Web: http://www.nlm.nih.gov/medlineplus/juvenilediabetes.html	Wide variety of topics dealing with juvenile diabetes, including diagnosis, treatment, and research.
Diabetes Channel- Lifeclic.com	Web: http://www.lifeclic.com/focus/diabetes/about_it.asp 	Site offers information about the signs and symptoms of Type 1 diabetes including what happens to the body.
Type 1 Diabetes Overview	Web: http://www.healthwise.org/kbase/topic/major/HW34303/descrip.htm	A wide variety of topics dealing with juvenile diabetes. Including diagnosis, treatment, and research.


Camps & Support Groups (RI & Regional)

The Diabetes Foundation of Rhode Island (DFRI)	Support Groups Camp Surefire	The support groups that DFRI offers meet every other week during the school year. Camp Surefire is an overnight camp, held during the month of July. Goals for children include: to gain a better understanding of their diabetes, develop confidence, social skills, communication, independence, & have fun.	For more information about these programs contact DFRI at: 209 Cottage St. Pawtucket, RI 02860 (401)725-7800, Fax: (401)725-8833
The American Diabetes Association 	Camp Sunshine Camp Rainbow Day Camp	Camp sunshine's focus is on teaching good control of the child's diabetes, while having a good time. Camp Rainbow offers many different activities: athletics, field sports, skits & talent shows, among many others. Both camps are located in Rochester, NY. *For more information about either of these camps contact: The Rochester Chapter of the ADA at: (585)458-3040; Fax: (585)458-3138	Contains detailed list of camps sponsored by ADA. Refer to the "Find a Camp" link on the site map for specific descriptions & contact info. Web: http://www.diabetes.org


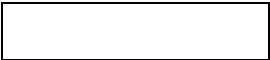
	Camp Carefree	<p>Camp Carefree is a camp for young people with diabetes and is located in New Durham, NH. A small, informal camp that provides a recreational camping experience.</p> <p>*For more information about this camp contact: Joan Clifford at 800-676-4065 x3606</p>	
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The Diabetes Association, Inc 	Youth Exercise/Sports and Support Group (YESS)	YESS is a support group that reaches children between the ages of 5 and 12, in the North Dartmouth Community of MA. The program consists of an hour activity and then an hour social support and education group.	<p>For more information about these programs you can contact the DAI at: (508)672-5671.</p> <p>*More specific info can be found on the web: http://home.earthlink.net</p>
	Teen Support Group	Teen support group reaches diabetic teens ages 13-18.	
	Parent Support Group	Parent Support group is an information support group for the parents of the children in the YESS program, and meets during the children's time.	
	Camp Kyle T. Woodruff	Camp runs during the month of July at the Fall River Rod and Gun Club on the South Watuppa Pond in Westport, MA. This camp tailors to children with diabetes ages 5-14.	


Joslin Diabetes Center - The Elliot P. Joslin Camps 	Summer Camp (boys only)	The summer camp program is offered in both 1 and 2-week sessions during the summer months for boys, ages 7-16½.	<p>For more information on these camp programs please visit their web site: http://www.joslin.harvard.edu/jboston/camp.shtml#overview</p> <p>OR at:</p> <p>Boys Camp and Co-ed Programs Camp Office Joslin Diabetes Center One Joslin Place Boston, MA 02215 Phone: (617)732-2455 E-mail: camp@joslin.harvard.edu</p>
	Wilderness Leadership Program (co-ed)	Wilderness leadership includes different outdoor activities, and has a trained wilderness staff, and healthcare professionals. This program is offered to youth ages 15-18.	
	Life After High School (co-ed)	Life after high school prepares young men and women ages, 16-19 for what life has to offer after high school. Program offered in Plymouth, MA	
	Winter Camp (co-ed)	Youth ages 12-17 can join the Joslin winter camp in Plymouth, MA.	

Juvenile Diabetes Research Foundation	Networking Coffee Meetings 	These support groups are primarily for parents with children who are newly diagnosed with diabetes. They are held in a very relaxed forum, and children are encouraged to come.	For more information please contact the RI Chapter at: (401)738-9898 Web: www.jdrf.org/rhodeisland
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Barton Center for Diabetes Education	Camp Clara Barton Barton Co-ed Adventure Camp	<p>These are a few of several programs offered for children with diabetes. These camps, along with other programs are held in the later summer months. The ages of the people who can attend vary from program to program. There are day and over-night camps available. Activities offered include: swimming, boating, fishing, arts & crafts, dancing, soccer, etc.</p> <p>Additional program features include: blood glucose monitoring, insulin administration, meal plans, education, and supplies.</p>	<p>For more information about these programs contact The Barton Center for Diabetes Education, Inc. P.O. Box 356 68 Clara Barton Rd North Oxford, MA 01537 (508)987-2056 e-mail: cbd diabetes@aol.com Web: www.childrenwithdiabetes.com/camps</p>
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<u>ADDITIONAL SITES</u>	Children with Diabetes		http://www.childrenwithdiabetes.com/index_cwd.htm
		<p>Site is full of information for parents of diabetic children; offers personal stories, humor, and support through email chats.</p>	
	Children with Diabetes: Kid's Voice	<p>Site lists over 100 stories of children w/ diabetes. It offers a chance for families to communicate with others that have diabetes. Some of the sites have pictures and email addresses to facilitate communication.</p>	http://childrenwithdiabetes.com/kids/d_02_100.htm
	PADRE	<p>The Pediatric Adolescent Diabetes Research Education foundation provides education & support groups for children w/ diabetes, as well as their siblings and parents. The site also contains interactive games for children.</p>	http://padrefoundation.org/
	Parenting Special Needs	<p>Site offers parents a place to go and get information about raising children w/ diabetes. It has information on diabetic camps, a normal diet in the life of a Type 1 diabetic, and concerns about sending the children to school after diagnosis</p>	http://specialchildren.about.com/cs/juvenilediabetes/
	Psychosocial Aspects of Type 1 Diabetes	<p>Site offers information on how teens deal with the psychological aspects of diabetes.</p>	<p>This is a members-only web page, but sign up is FREE. http://endocrine.medscape.com/Medscape/CNO/1999/EASD/EASD-09.html#Member</p>

Care Providers & Treatment


Hallett Center for Diabetes & Endocrinology at RIH	593 Eddy Street Providence, RI 02903 www.lifespan.org/services/diabetes/rih/default.htm	[Treat adults with diabetes & endocrine disorders] (401)444-8344
Hasbro Children's Hospital (RIH)	 593 Eddy Street Providence, RI 02903 Pediatric Endocrine Clinic: (401)444-4609	(401)444-4000 -- Children's Emergency press 1
Miriam Hospital	164 Summit Ave. Providence, RI 02903	(401)793-2500 -- Emergency press 1
New England Medical Center NEMC # 268	750 Washington Ave. Box 268, Boston, MA 02111	(617)636-5689 -- Division of Endocrinology
Rhode Island Hospital	593 Eddy Street Providence, RI 02903 Endocrine Clinic: (401)444-8344	(401)444-4000 -- Emergency press 2
Roger Williams Medical Center	825 Chalkstone Ave. Providence, RI 02906	(401)456-2000 -- Emergency press 1
Blue Cross / Blue Shield of Rhode Island	15 La Salle Square Providence, RI 02903	(401)831-7300 (walk-ins permitted)
Overcoming Juvenile Diabetes with a Little Planning and High-Tech Tools	Site offers information to help teens deal with their diagnosis of diabetes. http://www.fda.gov/fdac/features/2000/400_diab.html	
American Association of Diabetic Educators (AADE)	The AADE is a multidisciplinary organization representing over 10,000 healthcare professionals who provide diabetes education and care. http://www.aadenet.org/	


Research




Centers for Disease Control & Prevention (CDC) - Diabetes	Division of Diabetes Translation at the CDC site contains current data/statistics and national scientific information on type 1 and type 2 diabetes. http://www.cdc.gov/diabetes/	
Diabetes Prevention & Control Program, RI Dept of Health	General information about the state supported programs. Includes links to various topics, tools and resources on type 1 and type 2 diabetes. http://www.health.ri.gov/disease/diabetes/home.htm	
BMI (Body Mass Index) Calculator		Provides automatic calculations for children & adult BMIs. Site also contains info on nutrition, general and other child disorders Web: http://www.keepkidshealthy.com/welcome/bmicalculator.html

Juvenile Diabetes Research Foundation: Research	Site provides information on a wide variety of current research projects that are available for readers. Web: http://www.jdrf.org/
International Diabetes Federation	Site is an international foundation that has up-to-date information on current research related to juvenile diabetes and other types of diabetes. Web: http://www.idf.org/
Joslin Diabetes Center	Site contains various research material ranging from behavioral and mental health research to vascular cell biology, and everything in between. http://www.joslinresearch.org/cores/derc_fl.asp
Diabetes Care	Search engine for articles pertaining to diabetes mellitus; run by ADA http://care.diabetesjournals.org/
Hallett Center for Diabetes & Endocrinology (RIH)	Medical and research practice based out of RI Hospital. Site contains links to diabetes facts, groups, diabetes education services, and latest research. http://www.lifespan.org/services/diabetes/rih/default.htm

Complications

Eyes 	National Eye Institute	Learn about diabetic retinopathy, its causes, treatment, and prevention. Site includes pictures, diagrams, and information on other vision problems.	http://www.nei.nih.gov/health/index.htm
	IN-SIGHT	Vision related links to support services, and workshops, and rehabilitation services offered in the Rhode Island area.	http://www.in-sight.org/index.html (401)941-3322 43 Jefferson Blvd. Warwick, RI 02886
	State Services for the Blind & Visually Impaired	Call for information about RI services for the blind or visually impaired.	(401)222-2300

Feet & Nerves 	American Podiatric Medical Association	Statistics, and facts about diabetes and foot health. Also links to general foot facts, and finding a podiatrist in your area.	http://www.apma.org/topics/diabetes.htm 1-800-ASK-APMA (1-800-275-2762)
	The Foot and Ankle Library	Site lists all existing links about foot health and general podiatry.	http://www.footandankle.com/podmed/
	Nerve Damage (Neuropathy)	Site related to all aspects of nerve damage, including what happens to the feet, legs, digestive tract and sexual organs.	http://www.lifespan.com/care/complications/nerves/

Heart 	American Heart Association	Info on heart and cardiovascular disease and their relation to diabetes. Includes links to heart healthy recipes and ways to lower cholesterol.	www.americanheart.org
		Information on importance of exercise, tracking your exercise routine, links to health facts, fitness links and FAQs.	www.justmove.org
Kidney 	National Institute of Diabetes & Digestive & Kidney Dis. (NIDDK)	Information about kidney disease and how diabetes increases this risk.	www.niddk.nih.gov/health/diabetes/diabetes.htm
Medical ID Bracelet 	MedicAlert Foundation	Information about how to obtain a medical identification bracelet for emergency medical conditions.	www.medicalert.org By phone 7 days a week, 24 hours a day: 1-888-633-4298

Nutrition References

ADA- Nutrition and Recipes	Links to recipes, general information, exchange lists and information on sweeteners.	http://www.diabetes.org/nutrition-and-recipes/nutrition/overview.jsp
FDA- Food Labels	Links to consumer health information, how to use a food label, and specific information on a variety of categories, including irradiation, food allergies, and trans-fatty acids.	http://www.cfsan.fda.gov/label.html

Exercise/Physical Activity References

AAHPERD & NASPE	American Alliance for Health, Physical Education, Recreation & dance (AAHPERD) promotes high quality programs in these areas.	http://www.aahperd.org/
	The National Association for Sport & Physical Education (NASPE) develops and supports quality sport and physical activity programs that promote healthy behaviors and individual well-being. NASPE's 20,000 members include K-12 physical educators, college and university faculty, researchers, coaches, athletic directors and trainers.	http://www.aahperd.org/naspe/
Shape Up America	Organization is dedicated to teaching about maintaining healthy weight throughout life. Site includes resources on assessing pediatric obesity, fitness & weight management directory, walking 10,000 steps to better health, etc.	http://www.shapeup.org




Books

Diabetes Care for Babies, Toddlers, and Pre-schoolers: A Reassuring Guide	By: Jean Betschart © 1998 <i>Order online through Diabetes Alliance Bookstore, National Diabetes Alliance</i> ADULT
Insulin-Dependent Diabetes in Children, Adolescents, and Adults – How to become an Expert on your own diabetes	By: Ragnar Hanas © 1998 <i>Order online through Amazon.com</i> FAMILY
Parenting a Child with Diabetes: A Practical, Empathetic Guide to Help You and Your Child Live with Diabetes	By: Gloria Loring © 1999 <i>Order online through Amazon.com</i> ADULT
Growing up with Diabetes: What Children Want Their Parents To Know	By: Alicia McAuliffe © 1998 <i>Order online through Amazon.com</i> ADULT
Living with Juvenile Diabetes: A Practical Guide for Parents and Caregivers	By: Victoria Peurrung © 2001 <i>Order online through travelreviewbooks.com</i> ADULT
101 Medication Tips for People with Diabetes	By: Betsy A. Carlisle, et al © 2000 <i>Order online through Amazon.com</i> ADULT
Diabetes Mellitus: A Practical Handbook	By: Sue K. Milchovich, et al © 1999 <i>Order online through Amazon.com</i> ADULT
Diabetes for Dummies	By: Alan L. Rubin © 1999 <i>Order online through Amazon.com</i> ADULT
Diabetes Cookbook for Dummies	By: Alan L. Rubin, et al © 2000 <i>Order online through Amazon.com</i> FAMILY
The Diabetic's Book: All Your Questions Answered	By: June Biermann, et al © 1998 <i>Order online through Amazon.com</i> ADULT
Diabetes, A – Z	By: The American Diabetes Association © 1998 <i>Order online through American Diabetes Association</i> ADULT
The Diabetes Problem Solver: Quick Answers to Your Questions about Treatment and Self-Care	By: Nancy Touchette, Ph.D. © 1999 <i>Order online through Amazon.com</i> ADULT
American Diabetes Association, Complete Guide to Diabetes	By: The American Diabetes Association © 1997 <i>Order online through store.diabetes.org</i> ADULT
Johns Hopkins Guide to Diabetes	By: Christopher Saudek, et al © 1997 <i>Order online through store.diabetes.org</i> ADULT
Joslin Guide to Diabetes: A Program for Managing Your Treatment	By: Richard S. Beaser © 1995 <i>Order online through Amazon.com</i> FAMILY



Mayo Clinic on Managing Diabetes: Practical Answers to Help You Enjoy a Healthy and Active Life	Edited By: Maria, et al <i>Order online through Amazon.com</i>	© 2001	ADULT
Controlling Diabetes the Easy Way	By: Dimitry S. Mirsky <i>Order online through Amazon.com</i>	© 1998	ADULT
Putting Your Diabetes on the Pump	By: The American Diabetes Association <i>Order online through store.diabetes.org</i>	© 2002	ADULT/ TEEN
Pumping Insulin: Everything you Need for Success with an Insulin Pump	By: Ruth Roberts, M.A., et al <i>Order online through Amazon.com</i>	© 2000	ADULT/ TEEN
Dr. Bernstein's Diabetes Solution: The Complete Guide to Achieving Normal Blood Sugars Revised & Updated	By: M.D. Richard K. Bernstein <i>Order online through Amazon.com</i>	© 2003	ADULT
101 Tips for Improving Your Blood Sugars	Edited By: David S. Schade, et al <i>Order online through Amazon.com</i>	© 1995	ADULT
101 Tips for Staying Healthy with Diabetes (& Avoiding Complications)	Edited By: Sherrye Landrum, et al <i>Order online through Amazon.com</i>	© 1999	ADULT
101 Tips for Aging Well with Diabetes	By: David B. Kelley <i>Order online through Allbookstores.com</i>	© 2001	ADULT
Diabetes Burnout: Preventing It, Surviving It, Finding Inner Peace	By: William H. Polonsky <i>Order online through Amazon.com</i>	© 1999	ADULT/ TYPE 2
The Diabetic Woman: All Your Questions Answered	By: Lois Jovanovic-Peterson, et al <i>Order online through Amazon.com</i>	© 1998	WOMEN
Women & Diabetes: Life Planning for Health and Wellness	By: Laurinda M. Poirier, et al <i>Order online through Amazon.com</i>	© 2000	WOMEN
Diabetes & Pregnancy: What to Expect	By: Task force for the American Diabetes Association Council on Pregnancy, et al <i>Order online through Amazon.com</i>	© 1992	WOMEN
The Diabetes Food and Nutrition Bible: A Complete Guide to Planning, Shopping, Cooking, and Eating	By: Hope S. Warshaw, et al <i>Order online through Amazon.com</i>	© 2001	FAMILY
Smart Pumping for People with Diabetes	By: Howard Wolpert, MD <i>Order online through American Diabetes Association</i>	©2002	PARENTS/ ADULT/ TEEN



Real Life Parenting of Kids with Diabetes 	By: Virginia Nasmyth Loy © 2001 Order online through American Diabetes Association PARENTS/ADULT
Getting a Grip on Diabetes: Quick tips & Techniques for Kids and Teens	By: Spike Nasmyth Loy & Bo Nasmyth Loy © 2000 Order Through American Diabetes Association PARENTS/ OLDER CHILDREN
In Control: A Guide for Teens with Diabetes	By: Jean Betshaart / Susan Thom © 1995 & 2000 Order Through Josilin @ www.jdrf.org TEEN
Complete Guide to Carb Counting	By: Hope S. Warshaw, et al © 2001 Order online through Amazon.com FAMILY
Diabetes Meal Planning Made Easy	By: Hope S. Warshaw © 2000 Order online through store.diabetes.org FAMILY
First Choice Cookbook	By: Colleen Bartley © 2001 Order online through Amazon.com FAMILY
The Doctor's Pocket Calorie, Fat & Carbohydrate Counter	By: Family Health Publications (for the ADA) © 2004 Order online through www.CalorieKing.com FAMILY
Nutrition in the Fast Lane: The Fast-Food Dining Guide	By: Franklin Publishing, Inc. © 2004 Order online through www.fastfoodfacts.com 1-800-634-1993 FAMILY

All publications listed above ↑ may be found in many bookseller locations.
Contact your local store for more information.


Periodicals

Countdown (published quarterly)	Order through the Juvenile Diabetes Research Foundation
Teen Countdown (new publication)	Order through the Juvenile Diabetes Research Foundation
Diabetes Forecast (12 issues per year)	Order through the American Diabetes Association
Diabetes Care (12 issues per year)	Order online through MagazineCity.net
Diabetes Cooking (6 issues per year)	Order online through MagazineCity.net
Diabetes Self-Management (6 issues per year)	Order online through MagazineCity.net
Diabetes Health Magazine (12 issues per year) (Recently published as <i>Diabetes Interview</i>)	Order at P.O. Box 668, Fairfax, CA 94978-0668 www.diabetesinterview.com



All publications listed above ↑ may be found in many bookseller locations.
Contact your local store for more information.

Diabetes Outpatient Education

What is a Diabetes Outpatient Education (DOE) Educator? 	<i>Certified DOE educators are trained to provide state-of-the art diabetes education information and treatment methods to patients with diabetes and other related chronic diseases.</i>
Where do the DOEs work in RI?	<i>DOEs serve in 11 hospitals, 6 physicians practices, 6 pharmacies, 4 independent practices, 3 senior centers, 2 community health centers, 2 non-profit agencies, & the VNA</i>
How can I contact a DOE educator for more information about state-of-the art diabetes education and treatment methods, OR just more information about DOE programs?	Contact Lonnie Beattie at (401)222-4421 OR visit the DOE web site at: http://www.health.ri.gov/disease/diabetes/doe.htm

Endocrinologists & Doctors



Please check with your health insurance plan for a list of contact names, information and insurance coverage for particular health care providers.

Licensee Verification Site can be found on the RI Department of HEALTH website:
<http://www.health.ri.gov/hsr/professions/License.htm>

This Web Site provides public access to all information on individuals, facilities and other entities licensed or certified by HEALTH-RI